



## A VIABLE CHOICE

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The newest wave in cosmetic procedures is earlobe rejuvenation and repair.

# EARLOBE

## REJUVENATION & REPAIR

### EARLOBE PROBLEMS

As we age, earlobes can sag and deflate just like the rest of the face, and years of wearing earrings that are too heavy can take its toll. Over time, just like the face, earlobes lose elasticity and volume which can lead to elongation, sagging, creases and an over-all appearance of looking old. Split earlobes usually occur as the result of heavy earrings that create a constant pull on the ear. Trauma from an earlobe being pulled can also result in a split or deformity. Earlobe repair and rejuvenation can be an easy in office procedure with little to no down time.

Earlobe stretching is also very popular with young adults and may be fine for the school or the alternative scene, but does not do well in most corporate or professional settings. When the disks are removed the skin of the earlobe will tighten but not completely and leave the earlobe looking too big and too long for the rest of the head and ear. This requires re-designing and shortening the earlobe to take it back to its pre-stretching size. Luckily this also can be an easy in office procedure.

### TORN OR STRETCHED EARLOBES

Preparations for these procedures are minimal. It takes from 1 1/2 – 2 hours depending on the situation and whether one or both ears are involved. If a patient is a good candidate for the procedure, a topical and local anesthetic is applied. Torn or stretched earlobes cannot just be sutured shut without removing a thin layer of the skin. For torn earlobes, after the thin layer of the skin is removed, and the edges are closed together, a special technique called a “z-plasty” is used to help the earlobe to remain rounded and natural looking, and avoid an indentation where the scar lays.

### STRETCHED EARLOBES

Stretched earlobes require an even more artistic and technically advanced approach. The earlobes must be redesigned by the facial surgeon to keep them in harmony with the rest of the facial features. For aged and thin looking earlobes, injectable fillers can also be used to add volume and correct wrinkles from volume loss.

It is very important to choose the correct facial cosmetic surgeon to perform these intricate procedures as these surgeons have the training and skill required to provide you with the best education, information and best possible results with this surgery.